

## Supplement 2: Utah Review: Clinical Studies: AMSTAR-2

1. PICO Components in Research Questions and Inclusion Criteria	No
<b>2. Protocol and Deviations</b>	No
3. Study Design Selection	Yes
<b>4. Literature Search Strategy</b>	Partial Yes
5. Study Selection in Duplicate	Yes
6. Data Extraction in Duplicate	No
<b>7. Excluded Studies</b>	Partial Yes
8. Description of Included Studies	Partial Yes
<b>9. Assessed study-level ROB</b>	No
10. Funding Sources of Included Studies	No
<b>11. Meta-Analysis Methods</b>	Not applicable
12. Impact of RoB on Meta-Analysis	Not applicable
<b>13. RoB Consideration in Interpretation</b>	No
14. Heterogeneity Explanation	No
<b>15. Publication Bias</b>	No
16. Conflicts of Interest	No

Critical domains are marked in **bold**.

Overall confidence in the systematic review: **Critically low** (*lowest possible rating outcome*)

Rationale: **There are significant concerns in four critical domains (2, 9, 13, 15)**