

## REFERENCES

### What's a Trustworthy Guideline?

1. Graham R, Mancher M, Miller Wolman D, Greenfield S, Steinberg E, eds. Institute of Medicine (US) Committee on Standards for Developing Trustworthy Clinical Practice Guidelines. *Clinical Practice Guidelines We Can Trust*. National Academies Press (US); 2011. Accessed May 28, 2025. <https://www.ncbi.nlm.nih.gov/books/NBK209539/>
2. Brouwers MC, Kho ME, Browman GP, et al. AGREE II: Advancing Guideline development, Reporting and Evaluation in Health Care. *Can Med Assoc J*. 2010;182(18):E839-E842. doi:<https://doi.org/10.1503/cmaj.090449>
3. Qaseem A, Forland F, Macbeth F, et al. Guidelines International Network: Toward International Standards for Clinical Practice Guidelines. *Ann Intern Med*. 2012;156(7):525. doi:<https://doi.org/10.7326/0003-4819-156-7-201204030-00009>Brignardello-Petersen R, Carrasco-Labra A, Guyatt GH. How to Interpret and Use a Clinical Practice Guideline or Recommendation: Users' Guides to the Medical Literature. *JAMA*. 2021;326(15):1516-1523. doi:<https://doi.org/10.1001/jama.2021.15319>
4. Brouwers MC, Kho ME, Browman GP, et al. The Global Rating Scale complements the AGREE II in advancing the quality of practice guidelines. *J Clin Epidemiol*. 2012;65(5):526-534. doi:<https://doi.org/10.1016/j.jclinepi.2011.10.008>
5. Florez ID, Brouwers MC, Kerkvliet K, et al. Assessment of the quality of recommendations from 161 clinical practice guidelines using the Appraisal of Guidelines for Research and Evaluation-Recommendations Excellence (AGREE-REX) instrument shows there is room for improvement. *Implement Sci*. 2020;15(1). doi:<https://doi.org/10.1186/s13012-020-01036-5>
6. Brouwers MC, Kerkvliet K, Spithoff K, on behalf of the AGREE Enterprise Group. The AGREE Reporting Checklist: a tool to improve reporting of clinical practice guidelines. *BMJ*. 2016;354:i4852. doi:10.1136/bmj.i4852
7. Hoffmann-Eßer W, Siering U, Neugebauer EAM, Brockhaus AC, McGauran N, Eikermann M. Guideline Appraisal with AGREE II: Online Survey of the Potential Influence of AGREE II Items on Overall Assessment of Guideline Quality and Recommendation for Use. *BMC Health Serv Res*. 2018;18(1). doi:<https://doi.org/10.1186/s12913-018-2954-8>
8. Department of Health and Human Services. Treatment for Pediatric Gender Dysphoria: Review of Evidence and Best Practices. HHS; 2025. <https://opa.hhs.gov/sites/default/files/2025-05/gender-dysphoria-report.pdf>